

State of Connecticut
Department of Correction
Program Development

Alphabetical Listing of Programs for ENFIELD CI

Addiction Services Aftercare Program

Description

The aftercare program is available to inmates following completion of Tier 3 or Tier 4 programs. It is designed to provide a continuum of care and maintenance of a recovery identity, which fosters independence, personal responsibility, and application of relapse prevention skills.

Facility:

Enfield CI

Auspices:

Addiction Services

Types:

Addiction

Addiction Services Tier 2 Intensive Outpatient Program

Description

The Tier 2 Program is an intensive outpatient Addiction Services program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement.

Facility:

Enfield CI

Auspices:

Addiction Services

Types:

Addiction

Addiction Services Tier 3 Daycare Program

Description

The Tier 3 Program is a Addiction Services program with group components held four times a week for sixteen weeks (64 curriculum sessions), and weekly fellowship meetings.

As a part of the treatment plan, participants are expected to have a job or attend school when not attending groups. Treatment services are provided primarily in a group setting. Evaluation and, as needed, crisis intervention is conducted in individual counseling sessions.

Facility:

Enfield CI

Auspices:

Addiction Services

Types:

Addiction

Adult Basic Education (ABE)

Description

ABE is the primary program of instruction designed to provide training in basic academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing proficiency to the eighth grade level.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Academic Education

Alcoholics Anonymous

Description

This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services staff coordinate the meetings and provide oversight for the program.

Facility:

Enfield CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Alternatives to Violence (AVP):

Description

Certified AVP volunteers lead basic, intermediate and advanced workshops to teach inmates to understand and to control anger, and how to cope with violence in their lives. Inmates are provided certificates of completion for each workshop level. Those completing AVP workshops become eligible to serve as group facilitators.

Facility:

Enfield CI

Auspices:

Volunteer Group

Types:

Anger Management

Apprenticeship Programs

Description

Apprenticeships in concert with the Labor Department are offered in thirty-six programs at twelve sites. These programs range in length from six months to three years. Vocational students earn apprenticeship credit and upon completion of a program are awarded a prospective apprenticeship certificate by the Connecticut Labor Department.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Transition, Vocational Education

Band Program

Description

This program provides inmates of different musical backgrounds an opportunity to learn and create different styles of music. There are currently four bands and each band plays twice a week for an hour session. These bands occasionally perform for the inmate population during various monthly activities.

Facility:

Enfield CI

Auspices:

Facility Staff

Types:

Self Improvement

Bridging the Gap

Description

Alcoholics Anonymous is one of the most important self-help resources for alcoholic men and women. A very important first step for inmates being released into the community is attending the first meeting as soon as possible following release. Addiction Services staff in the institution utilize a toll-free telephone number to get information about the nearest AA meeting location, along with the name of a contact person. An AA member then will contact the inmate upon release and even provide transportation to a meeting.

Facility:

Enfield CI

Auspices:

Addiction Services

Types:

Addiction

Building Maintenance

Description

This program is designed to help students develop their special interests in the areas of woodworking, electricity, masonry and plumbing techniques. The first phase includes cabinetmaking, carpentry, furniture refinishing, and machine work. The second phase of the program involves basics of electricity, plugs, cords and receptacles. In the final phase of Building Maintenance the students learn the techniques of plumbing, including cutting, threading, and bending copper and plastic pipe. Throughout the courses shop and tool safety is always stressed.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Vocational Education

Business Education

Description

This program prepares students for entry-level employment requiring basic business skills.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Vocational Education

Catholic Bible Study

Description

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facility:

Enfield CI

Auspices:

Religious Services

Types:

Religious

Catholic Mass

Description

This is the weekly Catholic worship service.

Facility:

Enfield CI

Auspices:

Religious Services

Types:

Worship Services

Catholic Rap Group

Description

This is a weekly informal discussion group that is open to current issues pertaining to the Catholic faith and their practical application. A volunteer conducts this group.

Facility:

Enfield CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious

Catholic Studies

Description

Participants in this program study materials from the Confirmation Lesson Plan Guide. This study prepares students for the sacrament of Confirmation.

Facility:

Enfield CI

Auspices:

Religious Services

Types:

Religious

Choir

Description

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services.

Facility:

Enfield CI

Auspices:

Religious Services

Types:

Religious

Co-Counseling

Description

Volunteers under the auspices of Addiction Services conduct this program. It is designed to promote personal growth with a specific focus on enhancing self-esteem and helping inmates make positive changes in their lives. Participants of the program focus on applying recovery principles to make positive changes in their lives. Issues such as self-esteem are discussed and role-plays are utilized to provide concrete opportunities to apply new information to work out real life problems.

Facility:

Enfield CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Connecticut Works

Description

This is a statewide program with 18 offices in Connecticut. CT WORKS is a partnership among the Connecticut Department of Labor, regional Workforce Development Boards, and a number of state and community organizations. Its mission is to enhance the economic development by addressing the special employment and training needs of both job seekers and employers. This program is offered to inmates that are Veterans in need of job services.

Facility:

Enfield CI

Auspices:

Facility Staff

Types:

Transition

CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)

Description

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Transition

Domestic Violence Group

Description

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

Facility:

Enfield CI

Auspices:

Facility Staff

Types:

Domestic Violence, Family

Educational, Career Resources and Job Fairs

Description

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops on a variety of topics. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Transition

Embracing Fatherhood

Description

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

Facility:

Enfield CI

Auspices:

Facility Staff, Volunteer Group

Types:

Family

Family Education & Parenting

Description

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio or video-cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facility:

Enfield CI

Auspices:

Facility Staff, USD#1

Types:

Family

FEATS Program (Family, Education, Aids Transition Skills)

Description

This two day program is offered twice a year to foster an awareness of the necessary skills for transition back into the community. Inmates attend workshops throughout this two-day program. Each workshop addresses a different transition development area, e. g., parenting, family, workplace readiness and health.

Facility:

Enfield CI

Auspices:

Facility Staff

Types:

Family, Transition

General Educational Development (GED)

Description

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Academic Education

Going Home-Enfield-CI

Description

The Going Home transition program uses a multi-disciplinary approach to offer transition programming to inmates with 2 years or less left on their sentence. This 10-week program provides information and helps develop skills in the following areas: Decision-making/goal-setting, transitioning to the community, reestablishing family relations, getting involved as a community volunteer, getting a driver's license, writing a resume, creating a budget, and making an overall discharge plan.

Facility:

Enfield CI

Auspices:

Facility Staff

Types:

Family, Transition

Graphics & Print Technology

Description

The graphic arts/printing course is designed to provide students the opportunity to learn the skills necessary to work in the printing field. Students gain an understanding of the overall printing process to include graphics layout, design, production printing and binding.

Students concentrate on proper shop safety procedures, darkroom techniques and desktop publishing skills. Each student receives "hands on" instruction operating single color offset presses, two color-T-head presses, paper cutters and bindery equipment. Class theory work includes estimating material needs and costs, running small and large production companies, learning terminology related to the field and methods of managing quality control processes. Students learn basic equipment upkeep and care, as well as equipment problem diagnosis and minor equipment repair.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Vocational Education

HIV Counseling, Testing & Risk Reduction Education

Description

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

Facility:

Enfield CI

Auspices:

Health Services

Types:

Health Education

HIV Support Services

Description

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

Facility:

Enfield CI

Auspices:

Health Services

Types:

Health Education

HIV Volunteer Support Services

Description

In this program volunteers work with individuals and community-based HIV organizations to provide support services to offenders experiencing HIV related issues.

Facility:

Enfield CI

Auspices:

Health Services, Volunteer Services

Types:

Health Education

Islamic (Quran) Study

Description

Quran readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Islamic principles.

Facility:

Enfield CI

Auspices:

Religious Services

Types:

Religious

Islamic Video and Discussion

Description

This is a weekly instructional video and discussion group focused on the historical background of Islam, prayer, customs, and traditions. A short discussion follows each video.

Facility:

Enfield CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious

Jehovah's Witness Bible Study

Description

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

Facility:

Enfield CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious

Jewish Worship and Torah Studies

Description

Jewish Worship services and Torah studies are conducted weekly. During the Holy Days, services are celebrated under the supervision of the Religious Coordinator.

Facility:

Enfield CI

Auspices:

Religious Services

Types:

Worship Services

Jumah

Description

Jumah is the weekly Muslim worship service.

Facility:

Enfield CI

Auspices:

Religious Services

Types:

Worship Services

Literacy Volunteers of America

Description

An active group of community volunteers, as well as inmate volunteers, contribute hundreds of hours to combat illiteracy for inmates in all of the facilities. Basic reading, vocabulary and comprehension skills are stressed.

Facility:

Enfield CI

Auspices:

USD#1, Volunteer Services

Types:

Academic Education

Micro Computers/Computer Education

Description

The MicroComputer Software Application Technology course is designed to provide students with an introduction to computer operations and with the application of various software packages and programs. Students begin by learning simple software programs and then progress to more sophisticated packages as their individual skills develop. Software programs introduced include but are not limited to the following: Access, Visual Basics, Adobe Pagemaker, Excel, WordPerfect, MicroSoft Works, Power Point, Micro-Soft Word, Micro-Soft for Windows, and PageMaker. Students design and complete projects using this software.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Vocational Education

Narcotics Anonymous

Description

Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services staff coordinate the meetings and provide oversight for the program.

Facility:

Enfield CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Native American Video and Discussion

Description

This is a weekly instructional video and discussion group that focuses on the historical background of the 500 nations of native people, their customs, and traditions. A short discussion follows each video.

Facility:

Enfield CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious

Native American Worship

Description

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

Facility:

Enfield CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious, Worship Services

Native American Worship-Sweat Lodge

Description

Sweat lodge is a purification ceremony, which includes smudging. It is celebrated monthly.

Facility:

Enfield CI

Auspices:

Religious Services

Types:

Worship Services

Peer Mentor Program

Description

Peer Mentors are Tier program graduates who assist Addiction Services staff in the presentation of Tier program groups and 12-Step Fellowship groups. The primary purpose of Peer Mentors is to model a recovery lifestyle for other program participants. Weekly training meetings are required for all Peer Mentors.

Facility:

Enfield CI

Auspices:

Addiction Services

Types:

Addiction

Post-Secondary Programs

Description

College and Correspondence Courses are offered in an effort to encourage or prepare students for ongoing educational opportunities (Students pay a tuition and book fee for college courses). One of the main goals is to be able to provide well-behaved inmates an opportunity to be engaged in self-development.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Academic Education

Prisoner Outreach Program (POP)

Description

The program consists of inmates being transported to community settings where they share their experiences with at-risk youth. This program is designed to reach out and change the direction of the lives of at-risk youths in communities and schools before they end up in prison. The Prisoner Outreach Program meets with at-risk youths and provides them with a unique opportunity to obtain a realistic view of prison life and the reality of serving time. The youths learn how drug and alcohol abuse and criminal behavior ruined the lives of men incarcerated in Connecticut. They also learn how to change their lives in a positive way to avoid being sentenced to prison.

Facility:

Enfield CI

Auspices:

Facility Staff

Types:

Community Service, Self Improvement

Protestant Bible Study

Description

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facility:

Enfield CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious

Protestant Bible Study (Spanish)

Description

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facility:

Enfield CI

Auspices:

Religious Services

Types:

Religious

Protestant Service

Description

This is the weekly Protestant worship service.

Facility:

Enfield CI

Auspices:

Religious Services, Volunteer Services

Types:

Worship Services

Protestant Service (Spanish)

Description

This is the weekly Protestant worship service conducted in Spanish.

Facility:

Enfield CI

Auspices:

Religious Services, Volunteer Services

Types:

Worship Services

Read to Your Children

Description

This program is designed to foster a bond between a child and his/her incarcerated parent. USD#1 creates and maintains a collection of children's books. Inmates can select from a book and read to their child during regular visiting hours. In some cases, inmates enrolled in school can read a book and be videotaped and then send the tape and book to the child.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Family

Small Engine Repair

Description

This program instructs students in the repair of two-cycle, four cycle and marine engines. It uses both hands-on training and theory classes. Group/individual instruction is offered by a qualified supervisor and periodic tests in theory and practice are administered. This program is very useful to inmates seeking employment in the community.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Vocational Education

Special Education and Pupil Services

Description

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.)

Facility:

Enfield CI

Auspices:

USD#1

Types:

Academic Education

Sponsorship Behind the Walls

Description

This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.

Facility:

Enfield CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Tech Prep Program

Description

This is a program that offers opportunities for high school students to earn college credits through work with Community Colleges and USD#1 teachers.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Vocational Education

Thinking for a Change

Description

This cognitive behavior program was developed by the National Institute of Corrections. It is designed to help inmates change the way they think, help inmates develop improved social skills, and help inmates learn problem-solving skills. Research links successful completion of such programs to reduced recidivism.

Facility:

Enfield CI

Auspices:

Facility Staff

Types:

Self Improvement, Youth CDU

Transition/School to Work

Description

The Transition/School to Work program's mission is to place participating students in employment and/or vocational/educational programs and to provide each student with a needs-based transition plan prior to his/her release to maximize potential for successful re-entry into society. School-based and work-based learning opportunities are provided through job and resource fairs, employment skills curriculum, sessions with transition counselors and meetings with a transition coordinator. A USD#1 brochure describing this program is available.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Transition

Transitional Linkage into the Community (TLC)

Description

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

Facility:

Enfield CI

Auspices:

Contracted Program, Health Services

Types:

Health Education, Transition

V.O.I.C.E.S. (Victim Offender Institutional Correctional Educational Services)

Description

Volunteers support the Department's V.O.I.C.E.S. Program. It is designed to broaden inmates' understanding and sensitivity to the impact of their crime on others.

Facility:

Enfield CI

Auspices:

Facility Staff, Victim Services, Volunteer Services

Types:

Domestic Violence, Victim

Victim-Offender Dialogue

Description

For a variety of reasons, it is sometimes helpful for victims to meet with offenders. The department's Victim Services Unit evaluates and when appropriate facilitates this dialogue. The process is designed to achieve the objectives of restorative justice, healing the victim, and confronting and holding the offender accountable. Although this process can often be very helpful to the inmate, all such dialogues are initiated at the request of victims.

Facility:

Enfield CI

Auspices:

Facility Staff, Victim Services

Types:

Domestic Violence, Victim

Youth Offender Program

Description

Through the use of federal funds, post-secondary education and transition services are provided to "youth offenders" up to the age of 26 who are eligible for parole or release within five years. A transition counselor provides assistance and counseling to encourage participants to acquire functional literacy as well as life/job skills while in prison. Students participate in post-secondary classes, complete portfolios, and develop transition plans and placement.

Facility:

Enfield CI

Auspices:

USD#1

Types:

Academic Education, Vocational Education